Build Firm Flesh and Strength By **Taking Phosphate**

Nothing Like Plain Bitro-Phosphate Put on Firm, Healthy Flesh and to Increase Strength, Vigor and Nerve Force,



rounded figure is most admired.

The average person is beginning to realize more and more that the inck of physical strength and nerve exhaustion (frequently evidenced by excessive thinness) are the direct cause not only of the failure to succeed in life's struggle for the necessities of existence, but also for the handicap in one z social aspirations. Comparé the thin, sickly, angular frame with the well rounded form which is usually accompanied by the bloom of health and attractiveness.

That millions of people are conscious of this handicap is evident from the continued appearance in newspapers and magazines of many surgestions proposing various remedies it food or medicine or exercises either of which might or might not be appropriate for a given case.

Authorities, however, arrive that healthy nerve tissue is absolutely essential to a strong robust body and mind. Weak nerves, while indicated by a multitude of ifferent symptoms, more immediately and generally result in look of energy, sleedlessness, irritability, depression, etc., which conditions gradually consume the healthy flesh, leaving ugly hollows, a flat chest, bony neck and scrawny arms and less.

Our hodies need more obosnhate thin meat of them are able to extract from the

and Mrs. John Laidlaw Buel of Litch-field, leader of the Connecticut D. A. R., are among the signers of the piedge Wives of several members of the eral assembly are also included in the

The members of the committee which Mrs. Austin beads are Miss Eddia Leighton. Twier and Mrs. Rosemary Anderson of New Lyndon, Mrs. William H. Deming and Mrs. Toomas B. Tapman of Hartford, Mrs. W. H. Aftee of Ridgefield, Mrs. J. G. Gregory of Norwalk, Mrs. William C. Cheney of South Manchester, Mrs. Samuel C. Shaw of Bridgeport, Mrs. Grace Thompson Seton of Greenwich and Mrs. William P. Couch of Cromwell.

LOCAL BOY SCOUTS

WILL ENJOY CAMP LIFE

TWILIGHT BASEBALL LEAGUE

regard to the date and events. The pre-liminary plans will be considered Sat-len and Son company were in charge arday at a meeting of the general com-of the funeral arrangements. mittee in Taftville

TAFTVILLE

Mrs. Marcelline Cloutier Gingras pass-ed away at her home on South A street,

Joseph's Hospital of Providence, R. I., 'a spending a few days at the home of her brother, John Brennan on Providence

An indolent man is a dead one who





many instances, and quick relief brought to inflamed, aching, itching, burning, work-strained, watery eyes. Read the doctor's full statement soon to appear in this paper. Bon-Opto is sold and recommended everywhere by

The Bulletin.

THE WEATHER.

Winds Off Atlantic Coasts North of Sandy Hook-gentle to moderate mostly south; generally fair.

Sandy Hook to Hatteras—gentle mostly south and generally fair. Conditions.

There has been a general fall in pressure and there is a well defined disturb ance over east North Dakota with ar eastward movement over the middle At-lantic ocean. Pressure is still high but with a falling tendency.

There were scattered thunder showers in the middle Atlantic states, elsewhere the weather was generally fair. In the east temperatures were somethat more maderate.

There will be showers Saturday night the middle Atlantic states and New

Temperatures will change but little. Forecast. Southern New England: Probably lo-cal showers Friday; Saturday partly cloudy, showers a night.

Observations in Norwich. The following records, reported from The Bulletin's observations, show the changes in temperature and the aro-metric changes Thursday:

Comparisons.

Predictions for Thursday: Fair. Thursday's weather: Fair, warmer southwest wind.

SUN, MOON AND TIDES, (New Time.)				
	Sun		h High	Moon
	Rises.	Sets.	Water.	Sets.
Day.	a. m.	p. m.	a. m.	p. m.
19 20 21 22 24	5,30 5,31 5,32 5,33 5,34 5,35 5,36	8.15 8.17 5.46 8.15 8.14 8.13 8.12	1,89 2,53 3,80 4,27 5,27 7,47	10.27 10.58 11.20 12.03 12.79 Morn. 1.18

healthy fesh, learning usty hollows, a flat chest, bony neck and scrawny arms and legs.

Our bodies need more phosphate than most of them are able to extruct from the foods we cat nowadays, and many onincines affirm that there is nothing which may be taken into the human system that see effectively supplies this deficiency as the pure organic phosphanic food elements in abitro-phosphate and sold by Lee & Osgood and sold will be a companion of the nerve cells should soon practice a pleasing change in nerve energy and hence in creased vitality and strength. With the hurders of nervousness, electhosphase is also as a strength of the first with its attractive fullness and node of sain and hones.

CALTION—Welle Diver-Phosphate is unsurraised for the relief of nervousness general debility, etc. those taking if who do not desire to not on flesh should use state are in avoiding far-producing foods.

WOMEN ASSURE MRS

AUSTIN OF SUPPORT Mrs. Willis Austin of this city, chairman of a committee of republican women pledged to withold funds and ald from the republican party until women suffrage has become a fact has received assurances of support from women in every county of the state.

Mrs. George Maynard Minor of Waterford, who was recently chosen president general of the National D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of the Connecticut D. A. R. and Mrs. John Laidlaw Ruel of Litchfield, leader of t friends from Taffville and Willimantic. The party broke up at an early hour wishing Leslie many such happy birthdays and voting Mrs. Carroll a very pleasing hosters.

stal assembly are also included in the sumber.

Signers in New London county included of Mrs. Geo. Maynard Minor, Water-Mrs. George Maynard Minor, Water-Ord: Mrs. William A. Norton, Normich: Mrs. Albert H. Chase, Norwich: Mrs. H. W. Jacques, Waterford; Mrs. Harry B. Hunt, Nitantic; Mrs. Arthur H. Myers, Mystic.

The members of the committee allowed as the control of the auto as it was going towards the city. The motorcycle as bally smashed up and the running board on the auto was hadly bent. Nobody was seriously injured. The automobile was a Dodge car and carried a New York license.

William Kern of New London is visiting with his brother on Sixth

Henry Boyd of North Main street proke his leg Sunday playing baseball with the Pastime Athletic Club. He was catching a good game, and was trying to put a man out at home when the runner slid into his leg, breaking it. Henury touched the man out, though. Nut sed!

The funeral of Sarah Fitch Parker, A number of the Norwich Eog Scours place Thursday afternoon from her plaining to attend Camp Wakenah ardner Lake, in August The local scouts have been invited to spend a vaestion at the came by the New London
scent council, under whose auswices the
famp is to be conducted. The camp will
last practically a month, opening the latter part of this month. the services and he spoke in commen-dation of the long and helpful life of the deceased, and told of her worth to her family, the church whose faith she TWILIGHT BASERALL LEAGUE

TO HOLD FIELD DAY

The Twilight baseball league of Taftwile has underway plans for a field day
to be held in August. Nothing of a definite nature has been decided upon in
regard to the date and events. The prelimitary plans will be considered Satlem and Son company ware in charge

The funeral of Carol Sears Patridge, who died in Cambridge on July 20, was neld from the home of his cousin. Charles Sears at 129 Prospect street Thursday afternoon. In the large at-tendance were relatives from New Lon-Mrs. Marcelline Clother Ginkras passed away at her home on South A street. Wednesday, after a short illness. Sine was born in Canada 65 years ago and has lived in this village for some time. Besides leaving her husband, she leaves one son, Frank of this village, and four daughters, Mrs. Mary Robert, Mrs. Rosa Germain, also of this village, Mrs. Florence Manchester of Fall River, Mass, and Mrs. Amelia Morris of New London officiated, and he paid a soulful tribute to the life of the departed who had been a talented school teacher in New London for a number of the Sacred Heart church.

Rowland's Jazz Band, Casino, Jewett City, tonight.—adv.

Miss Alice Brennan, nurse at the St. Joseph's Hospital of Providence, R. L. is spending a few days at the home of Taftiville was in charge of the functional and the standard of Casnovilla as a committal arrangements.

or latevine was in charge of the lan-eral arrangements.

The deceased lived in Geeneville as a girl and later resided in Mystic and New London. Her nearest of kin is a sister. Miss M. L. Patridge of New London. There are also many cousins and other relatives.

and other relatives.

Coroner Still Investigating Groton Crash

MAY REVAMP STATE

CIVIL SERVICE LAW The matter of revamping the state it il service law will be considered by the itil service commission when it meets oday (Friday) in the capitol at Hartford for the purpose of considering its annual report. The members of the commission have been impressed by the fact that there are twenty-six departments connected with the official life of the state which are under the civil service law and twenty-one which are not, that that condition is amountable to that that condition is anomalous and that it does not make for the best interests of the state. The checking of the payrolls of the various departments is not the numbers of the commission think, on a business basis and they are satisfied

hat the system does not give adequate protection to the interests of the state.

The suggestion has been made that here should be a master payroll which there should be a master payroll which would include the employes of all departments in the state government and by which payrolls could be properly checked. At present there is no record sufficiently comprehensive to show how many persons are employed by the state, their salaries or their names, each depayroll to aver list over list. partfent having its own list. It is roughly estimated that there are

It has been intimated that the civil service commission, whose only purpose is to improve service rendered by state imployes, might favor the substitution of board made up of business men, hav-ng experience as employers, for the presing experience as employers, for the present civil service commission. Indeed the statement has been made that it might be better to drop the words "civil service" from the title of the commission and to give it a name that would indicate its supervisory power over employment in the service of the state.

The determination of State's Attorney March W. Moorney to retire from the civil

High M. Alcorn to retire from the civil service commission at the end of his present term, owing to the insufficiency of the present law, has directed the attention of the public to the necessity of doing something to make it more effective.

SEC. CRANDALL CONFERS WITH

NEW LONDON ORGANIZATIONS Louis M. Crandall secretary of the Norwich Chamber of Commerce, was in New London Thursday morning where he outerred with officials of the New Lonon Chamber of Commerce and the New London Rotary club in regard to the in-vitation extended the New London or-ganizations to join the local chamier of commerce in the picnic which is to be deld this summer.

Both New London organizations will act on the invitations within the near

WILL SPEND TWO WEEKS /

AT PLEASANT VIEW COTTAGE Christ church troop of Boy Scouts are making plans to spend two weeks at the choir boys' cottage at Pleasant View. The troop will leave Norwich for Pleasant

Receive Invitation to Visit Camp.
The board of directors of the Norwich chamber of Commerce have received an avitation from the New London Bey court council to visit Camp Wakenah which the New London seque will open eithin the next ten days at Gardner lake. within the next ten days at Gardner lake

Five More Replies Received. Five more replies to the query of the onnecticut Woman Suffrage association Connecticut woman sum age assets as as to where gubernatorial candidates stand with regard to a special session of the Connecticut legislature to ratify suffrage have been received at suffrage headquarters in Hartford. They come from four republicans and one democrat the democrat and two of the republican favoring a special session, while two other republicans assert that they fa-vor woman suffrage, yet approve Governor Holcomb's course in refusing to call special session.

Every state department in Connecticul III ask for increased appropriations for the coming year,



How to Know Real Castile When You See it True Castile is made in Spain only of PURE Olive Oil. The cake is firm, white, with wholesome odor. The texture is fine-grained and smooth. The words

LACO CASTILE SOAP

on FOIL wrapper and cake guarantee you the genuine, PURE Olive Oil Castile LACO will not discolor, shrivel, or grow rancid. Is always firm, sweet, white.

TRY A 3-CAKE BOX FOR SALE AT ALL GOOD DEALERS

LOCKWOOD, BRACKETT COMPANY, BOSTON

NEW YORKER WILL ADDRESS

The directors of the clitzenship institute are making an effort to have a large number of republican men and women attend this meeting on Tuesday in order that the good and bad points of the superstate may be brought out.

The program for the three days will be Stanton has during the transfer of the Stanton has during the standardism.

Monday, July 26, 11 a. m. (daylight sociation, saving time) - Town and County: Town and County Government, Mrs. Nancy M.

Thesday, July 27, 11 a.m.—The State:

State Government and How Our Laws
Are Made, Mrs. Florence Ledyard
Kitchelt, resident director of citizenship;
State Problems—A Social Hygiene Legis—
Lative Program, Mrs. Annie G. Porritt,
associate secretary Connecticut Social Hydises with accident of the past week and are obtaining all metal
down to be waterline. The bull was State Problems—A Social Hygiene Legis-lative Program, Mrs. Annie G. Forritt, associate secretary Connecticut Social Hy-giene association; State Care for Delin-quent Giris, Miss Caroline def. Penni-man, superintendent Connecticut indus-trial school for girls.

2 p. m.—The Nation: The National Government, Mrs. Nancy M. Schoonmak-er; Glimpacs of the National Convention, Mrs. Hiram Percy Maxim, alternate to Program for Public Health, Dr. Paul P. Swett.

8 p. m .- Political Parties and Elections, Mrs. Nancy M. Schoonmaker; The League of Nations, David Hunter Miller, legal adviser of the American commis-

sion to negotiate peace.

Wednesday, July 28, 11 a. m.—The
League of Women Voters, Miss Katharine Ledge of Women Voters, Miss Katharine Ladington, regional director National Lengue of Women Voters; The Woman Voter in Action, Miss Mary McDowell University of Chicago settlement.

2 p. m.—Presidential Candinates; William G. Harding, Mrs. Joseph Alson; James M. Cox, Robert Butler; Parley P. Christonon, Mrs. Toscan Romett Christenson, Mrs. Toscan Bennett

Raymond Addressed Retarians Frank J. Raymond of New York who London Rotary club at oon Thursday.

It is said that ancient Romans smok-The ancient Romans are all

CHIEF STANTON WILL ATTEND

Coroner Franklin H. Brown of this city said Thursday evening that he is still investigating the auto crash in Ground to early Tuesday morning in which three persons, two men and a girl, were killed and four others severely injured.

Complete his investigation some time Saturiday at which time he would probably announce his verdict. The coroner said there were no new developments in the case Thursday.

Evans in a written deposition has admitted taking some fluor but said that the had. He denied being intoxicated, and denies that he was traveling at may have been going thirty miles an hour.

MAY BEVAMP STATE

It is said that there were about two quarts of liquor in the party and that one of the two quarts was finished and that there were no nearly in were duarts of liquor in the party and that the had. He denied being intoxicated, and denies that he was traveling at 55 miles an hour. He admitted that he had here were no going thirty miles an hour.

MAY BEVAMP STATE Chief Charles H. French, Manninster, N. H.; Richard J. Marshal, battallon chief New York fire department; J. J. Henry, battallon chief New York fire department; T. M. Robinson, master mechanif fire department, Washington, D. C. Chief Stanton will be one of a party of 98 fire chiefs and engineers from New York, Pennsylvania and other nearby states who will leave New York; city

CITIZENSHIP INSTITUTE states, who will leave New York city David Hunter Miller, a New York Sunday night for Toronto. Fire chief democratic lawyer, who was legal adviser at the American peace commission at Verocountry will be present at the convention. The Chief Stanton, as chairman of the companies of the convention. saffles, will give an address on The League of Nations at the citizenship institute to be held at the county courthouse in New London on Monday, Tuesday and Wednesday of next week.

The directors of the County courthouse in New London on Monday, Tuesday and Wednesday of next week.

The program for the three days will be Stanton has during his term of office, all as follows:

PURITAN AND PILGRIM

Schoonmaker, counselor in oitizenship:
Town and County Problems—The County Home, Mrs. Frank A. Mitchell, member state board of charities; When and Where it to Vote in Caucuses, Mrs. Ruth Methite Dadourian, executive secretary Connecticut Woman Sufrage association.

2 p. m.—Borough and City: Borough and City Government, Mrs. Nancy M. Schoenmaker: City Problems—Citizenship:
Training in Public Schools, Dr. Albert B. Meredith, secretary state board of rimeation: Co-operatives and the High Cost of Living, Edwin Davies Schoogmaker of the United States mission to Russia.

8 p. m.—Address of Welcome, Mayor E. Frank Morgan; Women in Industry, Miss Mary McDowell, University of Chicago settlement.

Tuesday, July 27, 11 a. m.—The State: State Government and How Our Laws Are. Made. Mrs. Fishers.

down to the waterline. The bull was sowed across the Thames river to the Groton Iron Works shipyard, where it will be hauled out on the ways and there e stripped to the last plate.
Work will be started on the Purltan
mmediately, and she will follow her
ister ship to the scrap heap.

With the prevailing high price of iron the Scott company expects to reap a har-vest from these hulks.

MANY OLD ROQUE PLAYERS EXPECTED BURE IN AUGUST

Nearly all the old players and a num-er of new ones are planning to take part the roque fournament held annually in s city during the month of August by National Roque Association, Arthur Peale, secretary of the association i Thursday night that Willimantic

which have for years been used for the national tournaments, are being put into condition for the tourney. The tournament will open on Aug. 16

A match between two dentists would

Children Cry FOR FLETCHER'S CASTORIA

GOODYEAR

Passenger Car and Pneumatic Truck

TIRES

FISK TIRES

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Ample Air Facilities and Workmen Who

Can Change Your Tires Properly

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NORWICH-PROVIDENCE-NEW LONDON-FUTNAM

see Sentinel "What is heredity?"

"Something a father believes in un-til his son begins acting like a darn fool."—American Legion Weekly. "Any of your garden seeds coming

can get to them .- Exchange,

gathering," remarked Senator Sorg-

"He's a good sport."

game, - Detroit Free Press. He-And what is your society for? She-For the prevention of gamb-

He—But that's impossible,
She —Certainly it's not impossible to stop gambling among women. Ne—Oh, gambling! I thought you said gabbing.—Pearsons Weekly.

"I'm glad so glad you've come, We're oing to have a young married couple

"I'm glad, too. They ought to be ender -Michigan Gargoyle.

Doctor-Why, good morning Jessie Jones: Hope you're not ill?

Caller (seven years old)—I'm dying, doctor! Aint had an all day sucker in a whole week! Wont' you write me an order on the drug store for only boxes of white satin and plush to the one ?- Buffalo Express,

A SONG IN SUMMER

When the days are on fire from the lamp of the sun, And the long afternoons heal the heart with their peace, dream of a time when my life will not run On those highways of joy where the flowers increase.

Oh, I think of a day when the clouds will drift by In lordly possession above yonder hill, While I shall be sleeping beneath the hushed sky. But dreaming, still dreaming, though lying so still.

Yet well I shall know of this pageant of green, This splendor that thrills through the wide, aching world; And see once again what my glad eyes have seen. When June's splendid banners are proudly unfurled.

The pomp and the glory of summer I'll know; I shall see the moon rise on the crest of the hill; And I shall be happy when soft the winds blow, And smile in my sleep, though I lie there so still !

-Charles Hanson Towne, in Harper's.

HUMOR OF THE DAY

"I am thoroughly disgusted," said drs. Gabb. "I cant get our janitor to ARE BEING JUNKED listen to common sense,"
us sound steamers, Pil. "That so? grinned Mr. Gabb. "Who i that carried thousands did you get to take to him?"—Milwau-

"I like plenty of music at a political

You think it has a claming influ-"Undoubtedly. The great leauty about a brass brad is that it can't be heckled."—Washington star.

"What makes you think so?"
"He says the home team played good
aschall even though they lost the

KALEIDOSCOPE

The United States was the first nation to adopt decimal coinage. Inoculation against cholera was first practiced in India in 1893. The average rise and fall of the tide

at Panama is only two feet. The high cost of fuel has led Japan to develop immense water power. A large area of wolfram has been discovered in northeastern China. The world's visible supply of nitrates is estimated at 2,102,000 tons.

More than a million patients pass through the New York hospitals every year. Several hundred new designs in penty toys are brought out every week in

London. The Polynesians believe that the on at its waning is devoured by the spirits of the dead. The carliest mention of shoes is in

an Egyptian papyrus, written about the year 2200 B. C. It is estimated that an annual pro-uction of 2,500 tons of asbestos can obtained in North China.

The total loss of savings taken out of this country is estimated at a minmum of \$2,000 for each departing em-

tions of the various countries of the world average 110 women to every 100 men. There are now about 1,000,000 birds on the estrich farms of Africa and the value of the exported feathers is about \$15,000,000.

Since Attorney Charles R. Johnson battered pasteboard box.

THE PORTEOUS & MITCHELL O.

PROVERB-Circumstances are beyond the control of man, but his conduct is in his own power.

TWO DAYS FOR THE FINAL CLEAN-UP OF

Factory Ends

FRIDAY

SATURDAY

The two magnets which have attracted the crowds that have made this Factory End Sale such a phenomenal success are the fresh, desirable goods and the substantial positive savings which you cannot help but make on every pur-

Buying Factory Ends is just like putting money in your purse. First prices on many lots have been reduced to close the lots out, so that it is important that you attend the sale during the closing days-it ends on Saturday night.

YELLOW PRICE TICKETS ARE THE BARGAIN SIGNS

Look for them-you'll find them everywhere, throughout the store, from our basement to third floor—and please remember that everywhere you find a yellow price ticket you'll find a genuine

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